WOMEN OF THE MIDWEST

Travel Solo Together

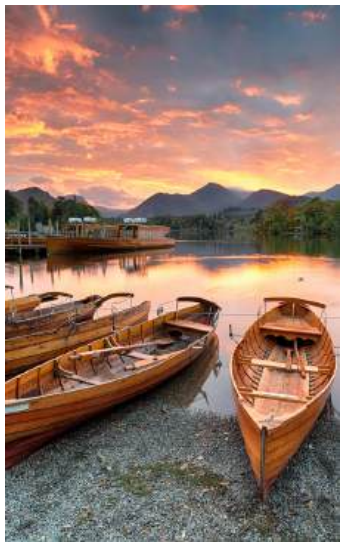
THE ENCHANTED LAKES

Gentle Walks in England's Lake District

with Women of the Midwest

September 4–13, 2027







Dear Women of the Midwest,

Some places simply steal your heart. For me, the English countryside is one of them!

After having the wonderful pleasure of leading one of our very popular Cotswolds walking tours, I fell in love with England's charming villages, rolling green hills, and beautiful countryside. And now, I couldn't be more excited to invite you along on another extraordinary adventure—this time to England's magnificent Lake District!

Imagine peaceful walks beside sparkling lakes, picturesque stone cottages tucked among green hills, and breathtaking views around every corner. We'll explore the enchanting world of Beatrix Potter, visit the home of beloved poet William Wordsworth, discover ancient stone circles, and enjoy leisurely cruises across some of England's most beautiful lakes.

And, of course, we'll have time for those delightful little English traditions! Perhaps a cup of tea in a cozy village café, a taste of famous Grasmere Gingerbread, or a delicious serving of sticky toffee pudding. Doesn't that sound wonderful?

What I especially love about this journey is the opportunity to experience England one beautiful step at a time. Our walks will take us along peaceful country lanes, through charming villages, and beside tranquil lakes, with plenty of opportunities to pause and enjoy the scenery.



But as I've learned on our Women of the Midwest adventures, the most wonderful part of traveling isn't just the places we visit. It's the laughter, conversations, new friendships, and unforgettable moments we share along the way.

So, ladies, pack your walking shoes, bring your sense of adventure, and come discover the magic of the Lake District with me!

I can't wait to share this beautiful corner of England with you!

Warmest wishes,
Jennifer King
Your Women of the Midwest Ambassador

Call Women of the Midwest today at 888.549.1186. Space is limited.

One Beautiful Step at a Time!



Saturday – September 4, 2027
England's Beautiful Lake District

Our wonderful adventure begins as we board our overnight flight to Manchester, England! Ahead lies one of Britain's most enchanting regions, where shimmering lakes, rolling green hills, picturesque villages, and centuries of fascinating history create a landscape straight from a storybook. Get ready for beautiful walks, delightful discoveries, and wonderful moments together. England's magnificent Lake District awaits! (Inflight meals)

Sunday – September 5, 2027
Welcome to the Lakes!

Welcome to England! Upon arrival at Manchester Airport, we'll meet our friendly local guide and begin our scenic journey north into the breathtaking Lake District, a UNESCO World Heritage Site celebrated for its extraordinary beauty. Our destination is charming Bowness-on-Windermere, nestled along the shores of England's largest natural lake. We'll settle into our lovely lakeside hotel, enjoy a delicious group lunch, and take a gentle orientation stroll along the promenade. What better introduction to this magical region than a leisurely cruise on Lake Windermere? As we glide across the sparkling water, admire the wooded shores, surrounding hills, and picturesque villages that have inspired artists and writers for generations. The evening is yours to relax and enjoy our beautiful surroundings. (Inflight meals | L)

Today's walk: A gentle orientation stroll along the lakeshore.

Monday – September 6, 2027
Medieval England &
the Treasures of Sizergh Castle

After breakfast, we're off to discover magnificent Sizergh, a historic manor

Magnificent Sizergh Castle!



house with medieval origins, surrounded by beautiful gardens, woodland, and a remarkable country estate. We'll enjoy a scenic countryside walk, where peaceful paths, ancient trees, and lovely rural views provide a wonderful introduction to the Lake District's gentler landscapes. After lunch at the estate's welcoming café, we'll explore Sizergh's fascinating interiors and gardens, discovering centuries of family stories, beautiful craftsmanship, and the traditions of English country-house life. Later, we'll continue to nearby Kendal, a charming market town known for its historic streets and independent shops. Enjoy a gentle stroll or some free time before returning to Bowness for a delightful group dinner. (B | D)

Today's walk: Gentle countryside walking around Sizergh, with an optional stroll in Kendal. Approximately 4 miles.

Tuesday – September 7, 2027
Beatrix Potter, Storybook Villages & Country Lanes

Today, we'll step into the enchanting world of Beatrix Potter, whose beloved stories have delighted generations of readers! Our first stop is Hill Top, her charming former farmhouse in Near Sawrey. Preserved with many of her treasured belongings, this delightful home offers a wonderful glimpse into the life of the woman who gave us Peter Rabbit, Jemima Puddle-Duck, and so many unforgettable characters. Then we'll follow peaceful country lanes and footpaths through the beautiful countryside around Near Sawrey, where stone walls, green fields, and traditional cottages make every turn a delight. After lunch, we'll explore picturesque Hawkshead, one of the Lake District's prettiest villages, with its narrow lanes, whitewashed cottages, and inviting little shops. Later, we'll continue to Ambleside, our home for the next three

A Little Beatrix Potter Magic!



nights, and enjoy dinner together. (B | D)

Today's walk: Approximately 2–3 miles through countryside around Near Sawrey, with a shorter option available. Expect approximately 3–4 miles of walking throughout the day.

Wednesday – September 8, 2027
Tarn Hows, Coniston Water & a Victorian Visionary

Another day of extraordinary scenery awaits! We'll begin at beautiful Tarn Hows, one of the Lake District's most celebrated beauty spots, where a delightful circular walk takes us past peaceful waters, woodland, and magnificent mountain views. We'll continue to charming Coniston for a scenic boat cruise across Coniston Water, admiring the surrounding fells and wooded shores. After lunch at Brantwood's café, we'll visit the fascinating former home of John Ruskin, the influential Victorian writer, artist, and social thinker. Overlooking Coniston Water, Brantwood is filled with artistic treasures, remarkable stories, and beautiful gardens. We'll return to Ambleside in the late afternoon, with the evening free to enjoy at our own pace. (B | L)

Today's walk: Approximately 2 miles around Tarn Hows on woodland and lakeside paths, with additional walking during our visits.

Thursday – September 9, 2027
Wordsworth, Wonderful Walks & Famous Gingerbread!

Today, poetry, beautiful scenery, and a delicious local tradition come together for a delightful Lake District experience! For those who enjoy walking, we'll follow the historic Coffin Route from Ambleside toward Grasmere, a scenic trail winding through peaceful countryside with views of Rydal Water, stone walls,

A Taste of Lakeland!



woodland, and picturesque valleys. Those who prefer a more leisurely morning may travel by vehicle instead. Our destination is enchanting Grasmere, forever associated with the great Romantic poet William Wordsworth. After lunch, we'll visit Dove Cottage, where Wordsworth lived and wrote some of his most celebrated poetry. We'll also explore the museum and garden, discovering how the Lake District inspired his work. And no visit to Grasmere would be complete without a stop at the famous Grasmere Gingerbread Shop! This delicious local specialty has been made here since 1854. Enjoy a little free time for village shops, afternoon tea, or perhaps another gingerbread purchase before returning to Ambleside. (B | L)

Today's walk: Approximately 4 miles along the historic Coffin Route, around 3 hours, with uneven paths and approximately 660 feet of ascent. Vehicle alternative available.

Friday – September 10, 2027
Romantic Rydal & the Queen of the Lakes

After breakfast, we'll bid farewell to Ambleside and continue our journey through some of England's most beautiful countryside. Our morning begins in the lovely Rydal area, where tranquil waters, wooded paths, and magnificent fell views create an idyllic setting for another rewarding walk. We'll explore selected trails around Rydal Water, enjoying the peaceful surroundings. Then we'll travel north toward Keswick, a delightful market town surrounded by dramatic mountains and beautiful lakes. After lunch, another highlight awaits—a scenic cruise on magnificent Derwentwater, affectionately called the Queen of the Lakes. From the water, we'll admire wooded islands, sweeping mountain scenery, and the spectacular landscape that makes this region unforgettable. Later, we'll enjoy a short orientation stroll through Keswick before settling into our accommodation for the next three nights. Tonight, we'll gather for a delicious group dinner. (B | D)

Today's walking: Approximately 5–6 miles anticipated throughout the day, including walks in the Rydal area.

5,000 Years of Mystery!



Saturday – September 11, 2027
Ancient Stone Circles & Lakeland Discoveries

Today, we'll travel back thousands of years to discover one of the Lake District's most fascinating ancient treasures! Our morning begins at Castlerigg Stone Circle, a remarkable prehistoric monument set against a breathtaking panorama of surrounding mountains. Believed to date from the Neolithic period, these mysterious standing stones have watched over the landscape for thousands of years. What stories they could tell! We'll continue with a beautiful guided walk through the surrounding countryside, enjoying fresh air, peaceful trails, and wonderful views of the northern fells. Our local guide will introduce us to the landscape, its history, and the traditions that make this region so special. After lunch in Keswick, we may visit Keswick Museum, with its intriguing collections exploring local history and culture, depending on opening arrangements. Alternatively, we'll enjoy another gentle lakeside walk or local heritage experience. The evening is free to explore Keswick's welcoming restaurants and cozy pubs or simply relax. (B | L)

Today's walking: Approximately 5–6 miles anticipated, including countryside paths around Castlerigg.

Sunday – September 12, 2027
A Final Walk Through Lakeland Paradise

Our final full day promises more of the scenery we've come to love—sparkling

The Queen of the Lakes!



water, wooded trails, beautiful mountain views, and the peaceful atmosphere that makes the Lake District so special. After breakfast, we'll set out for a lovely walk along selected lakeshore and woodland paths around Derwentwater. We'll enjoy the landscape at a comfortable group pace, with opportunities to stop, admire the views, and capture a few final photographs. Perhaps we'll spot a traditional stone farmhouse nestled among the hills, a graceful sailboat crossing the lake, or sunlight dancing across the water. These are the simple pleasures that make walking through the English countryside such a joy! We'll return to Keswick for lunch, followed by a leisurely afternoon to browse the independent shops, enjoy a cup of tea, or simply relax. Tonight, we'll gather for a special farewell dinner, celebrating the beautiful places we've discovered, the laughter we've shared, and the friendships we've made along the way. (B | D)

Today's walking: Approximately 4–5 miles anticipated along lakeshore and woodland paths around Derwentwater.

Monday – September 13, 2027
Farewell, Beautiful Lake District!

After breakfast, it's time to bid farewell to the beautiful lakes, charming villages, and rolling green hills that have made our journey so memorable. We'll depart with wonderful photographs, a few delicious souvenirs, and hearts filled with memories of peaceful walks, historic treasures, literary legends, and the incomparable beauty of the English countryside. Most of all, we'll treasure the friendships and special moments shared along the way. Until next time, England! (B)

The itinerary is subject to change.

B = Breakfast | L = Lunch | D = Dinner



To register, contact:

Women of the Midwest
Travel Solo Together

1230 O Street, Suite 204 | Lincoln | NE 68508
Phone: 888.549.1186
GroupDepartment@executivegroups.com
www.womenofthemidwest.com

ONLINE REGISTRATION LINK:
Via www.WomenoftheMidwest.com/journeys

Package Price:

Per person in a shared double room:	$5,595
Per person in a single room:	$6,995

Triple rooms are not available on this trip.

Limited single rooms. We offer a "Pair & Share" service. Ask us to assist in finding your roommate!

A non-refundable deposit of $500 per person is required at registration and can be paid by ACH (Automated Clearing House), check, or credit card. The balance is due on May 27, 2027, is non-refundable, and can be paid by ACH, check, or credit card. When using a credit card for final payment, a 3.5% processing fee applies as assessed by the credit card processing company. Checks must be received in our office at least 100 days before the tour's departure date. If you book within 100 days of departure, ACH or credit card payment is the required payment method.

EARLY BIRD DISCOUNT:
Register by January 4, 2027: Save **$200!**

Tour Activity Level: LEVEL 1 2 3 4
This gentle walking tour includes approximately 2–6 miles of scheduled walking on some days, along country lanes, lakeside paths, and uneven trails, with occasional uphill and downhill sections. Additional walking may be required during sightseeing and personal exploration. Sturdy walking shoes are essential, and walking poles are recommended. This tour is not suitable for travelers with significant walking difficulties.

Group Airfare: See separate insert.

Travel Insurance:
Travel insurance for this particular tour is highly recommended due to the remote locations. This is to protect you and your tour investment against the unexpected. For your convenience, we offer a plan provided by Travelex Insurance Services. For rates and plan highlights, please ask us.
Travelex Insurance Services, Inc. CA Agency License #0D10209. Insurance coverages underwritten by individual member companies of Zurich in North America, including Zurich American Insurance Company (NAIC #16535, state of domicile: New York), 1299 Zurich Way, Schaumburg, IL 60196.

Hotel Accommodations (announced 30 days prior to dep.)**:**
Bowness-on-Windermere - Old England Hotel or similar
Ambleside - Ambleside Townhouse or similar
Keswick - The Fellpack or similar

Included:
- 8 nights of accommodation in the Lake District
- Daily breakfast at the hotels
- 4 lunches and 4 dinners, including a farewell dinner
- Private minibus transportation throughout the tour
- Professional local walking guide throughout the journey
- Scenic cruises as per tour itinerary
- Admission to Sizergh Castle and gardens, to Hill Top, and Wordsworth Grasmere
- Visit to Brantwood
- Visit to the famous Grasmere Gingerbread Shop
- Visit to the prehistoric Castlerigg Stone Circle
- Sightseeing in Bowness, Kendal, Hawkshead, Ambleside, Grasmere, and Keswick
- Women of the Midwest Ambassador throughout the journey
- All local taxes and fees as of November 18, 2026

This tour will be materialized with a minimum of 12 and a maximum of 15 travelers. Should the number fall below 12, all funds paid to Women of the Midwest will be refunded 90 days prior to departure.

Not Included:
- Airfare & baggage fees for your second checked bag (the first checked piece up to 50 lbs is free)
- Travel insurance
- Personal expenses
- Meals & beverages other than those mentioned in the tour program
- Entrances to monuments and/or museums other than those mentioned in the tour program
- Gratuities to tour director and drivers (estimate $15 per day in total)
- Professional fee, $100 per person, due at the time of registration
- Anything not mentioned in the inclusions

Women of the Midwest
Travel Solo Together

Forwarding registration and deposit signifies that you agree to the terms and conditions found at https://womenofthemidwest.com/journeys/

Call Women of the Midwest today at 888.549.1186. Space is limited.

11/18/2026

JOIN OUR GROUP AIRFARE!

We offer group airfare with Delta Airlines.

September 4, 2027	Omaha* (OMA) - Atlanta (ATL)	11:05 AM - 2:22 PM
September 4, 2027	Atlanta (ATL) - Manchester (MAN)	7:00 PM - 7:45 AM (September 5, 2027)
September 13, 2027	Manchester (MAN) - Atlanta (ATL)	11:45 AM - 3:35 PM
September 13, 2027	Atlanta - Omaha (OMA)*	7:50 PM - 9:17 PM

$1,395 per person including taxes and fees, economy class.

*We are happy to assist with airfare from a different airport than Omaha. Please reach out to us to assist you - a small supplement may occur.
If you travel from a different airport, we aim to have you meet your fellow travelers in Atlanta on September 4 and return from Manchester around the same time as the rest of the group on September 13.

Important notes about seat assignments, upgrades, and Known Travelers Numbers:
Group airfare comes with **seat assignments 30 days prior to departure.** We cannot confirm precise seat numbers earlier than 30 days prior to your departure and therefore cannot guarantee the availability of specific seating on the aircraft. We do our best to honor your preferences (window, aisle seat).

Premium seating upgrades are not available when traveling on a group air contract. If you have frequent flyer miles (SkyMiles), please note those cannot be used to upgrade to Delta Comfort Plus but only be used for upgrades to business or first class when traveling on a group air contract. Contact us if you have any questions about this and kindly note that certain exceptions may exist.

Business class seating can be reserved at the time of registration. Estimate $6,000-$8,000.

First class seating can be reserved at the time of registration. Estimate $10,000-$12,000.

Mileage credit for individuals on group air contracts is not guaranteed and is subject to the rules of the airline under contract.

Known Travelers Numbers (TSA Pre-Check numbers) **and Frequent Flyer numbers** must be reported at the time of reservation. Otherwise, each traveler must provide these numbers upon check-in on the day of departure.

Taxes, fuel charges and security fees are subject to change.

Air schedules may be subject to change at the discretion of the airline.

SECURE YOUR GROUP AIRFARE WHEN SIGNING UP!

DELTA