



WOMEN OF THE MIDWEST

Travel Solo Together

ITALY

Umbrian Delights
– The Green Heart of Italy

with Women of the Midwest

October 5-14, 2026



Dear Women of the Midwest,

Umbria has a quiet way of capturing your heart... a place where life slows down, where the hills roll endlessly in shades of green, and where every moment feels just a little more meaningful. From my very first visit, I knew this was a place I would return to—and one I longed to share.

I'm Carol Ann, your Women of the Midwest Ambassador, and I can't wait to welcome you to Umbria—the true green heart of Italy. Umbrian Delights is a thoughtfully designed journey that invites you not just to visit Italy, but to truly feel it—deeply and at your own pace.

In the fall of 2026, we journey to one of Italy's most serene regions—where olive groves stretch across the hillsides, medieval villages sit quietly above the valleys, and the rhythm of life feels refreshingly unhurried. It's a season of golden light, crisp mornings, and evenings meant for gathering, sharing stories, and savoring the simple pleasures of Italy.

Our home for four nights is the charming hilltop village of Montone, a hidden gem where time seems to stand still. With its stone pathways, flower-filled balconies, and sweeping countryside views, we can fully embrace the Umbrian way of life. We will also experience the historic wonders of Rome and the artistic treasures of Florence—walking ancient streets, sharing meals rooted in local traditions, and enjoying moments that are meaningful and never rushed.

And of course, no journey through Italy would be complete without its rich culinary traditions—wine tastings, fresh local specialties, and the unforgettable experience of truffle hunting in Umbria. Here, food is not just nourishment—it is connection, celebration, and joy.

This is the kind of journey where you return home feeling renewed... with cherished memories, lasting friendships, and the quiet sense that you truly experienced Italy. I can't wait to share all of this with you.

Yours in travel and adventure,
Carol Ann Condon, Ambassador
Women of the Midwest



Call Executive Travel's Group Department today at 888-549-1186. Space is limited.

Rome Awaits



October 5, 2026 - Monday

Traveling to Rome

Your inspiring journey begins as we board our overnight flight to Rome, Italy. Settle in, enjoy in-flight entertainment and meal service, and let the excitement build as you embark on your Italian adventure. In-flight meals

October 6, 2026 - Tuesday

Rome

Welcome to Italy! Upon arrival, your Umbrian journey begins. After meeting your local tour director, we set out for a delightful introduction to Rome with a relaxing golf cart tour—an enjoyable and effortless way to take in the beauty of the Eternal City, from lively piazzas and grand fountains to hidden streets rich with charm, history, and daily Roman life. Along the way, we pause for a sweet treat... gelato, of course. After time to settle in at our hotel, we gather for an early dinner within walking distance, raising a glass to the beginning of a wonderful journey filled with friendship, discovery, and the joy of Italy. In-flight meals | D

October 7, 2026 - Wednesday

Rome

Today we step back in time and explore the grandeur of Ancient Rome. With our local guide leading the way, we visit the Colosseum, the Roman Forum, and Palatine Hill—where history comes alive among the ruins, ancient pathways, and impressive structures that once formed the center of political, social, and cultural life in one of the greatest empires the world has known. A light lunch is included, followed by a relaxed afternoon and evening to enjoy Rome at your own pace. Wander

Florence: Heart of the Renaissance



charming streets, discover a quiet piazza, browse boutiques, or simply savor a cappuccino as the city unfolds around you. B | L

October 8, 2026 - Thursday

Vatican & Florence

This morning, we visit the Vatican Museums, home to one of the world's most extraordinary collections of art, sculptures, tapestries, and sacred treasures gathered over centuries of history, faith, and artistic brilliance. Stand in awe beneath Michelangelo's masterpiece in the Sistine Chapel and take in the beauty and grandeur of St. Peter's Basilica. Free time for lunch. Later, we journey north to Florence, the cradle of the Renaissance, where elegant architecture, rich artistic heritage, and a refined atmosphere welcome us. After checking in, enjoy a relaxed evening and dinner, soaking in the charm of this remarkable and inspiring city. B | D

October 9, 2026 - Friday

Florence

Today we explore Florence, where art, history, and beauty meet at every turn. At a comfortable pace, with a local step-on guide leading the way, our walking tour highlights Florence's most iconic landmarks, including the breathtaking Cathedral of Santa Maria del Fiore (the Duomo) with Brunelleschi's famous dome, the Baptistery and its celebrated Gates of Paradise, and Piazza della Signoria, home to the grand Palazzo Vecchio. We'll also admire Giotto's Bell Tower and the exterior of the renowned Uffizi Gallery. No visit to Florence would be complete without a visit to the Accademia Gallery to see Michelangelo's David—an unforgettable masterpiece

Local Crafts



that captures strength, grace, and the human spirit, and stands as one of the most celebrated works of art in the world. Lunch is another “masterpiece of Florence.” Caffè Gilli awaits. Florence's oldest café (est. 1733) is a beloved spot for an elegant lunch in a beautiful historic setting. After lunch, enjoy time at leisure to browse fine leather goods, discover local treasures, or relax along the Arno River. B | L

October 10, 2026 - Saturday

Florence & Montone

The morning is at leisure. Do not miss a visit to Riccardo Luci's shop, where Florentine craftsmanship comes to life. Watch a demonstration of leather gilding with 22kt gold and learn the traditions behind marbled paper—one of the city's treasured artisan arts. We depart Florence in the early afternoon and take a scenic 2-hour drive in the peaceful countryside of Umbria—the green heart of Italy, where rolling hills, olive groves, vineyards, and cypress-lined roads create a landscape of quiet beauty and timeless charm. By afternoon, we arrive in the enchanting hilltop village of Montone, our home for the next four nights. Perched high above the valley, Montone is one of Umbria's most captivating towns—intimate, welcoming, and beautifully untouched by time. This is a place to exhale, settle in, and embrace a slower rhythm, where the views stretch endlessly and the atmosphere invites you to simply be. Upon arrival, enjoy a warm welcome as we gather in the kitchen for a true hands-on cooking experience. Later, relax around the firepit—a warm and welcoming place where conversations flow easily, laughter lingers, and new friendships begin to take shape under the soft glow of the Umbrian sky. B | C | D

Assisi



Montone - Our Umbrian Home



Always Make Time for Tiramisu



October 11, 2026 - Sunday

Montone & Wine Experience

This morning, we step more deeply into Montone's story with a guided walk through its historic center. As we follow its winding lanes and quiet corners, you'll discover layers of history shaped by centuries of tradition—from its medieval roots to the enduring spirit of a community that still lives very much in the present. Montone reveals itself slowly, not through grand landmarks, but through its details—the texture of its stone, the rhythm of daily life, and the way each turn opens to another view of the surrounding Umbrian countryside. It is this authenticity that makes Montone so special—a place that feels genuinely lived-in, not simply visited. Later, we venture into the surrounding countryside for a wine tasting and lunch at a local winery. Umbria is home to some of Italy's most distinctive wines, including the bold and expressive Sagrantino di Montefalco, known for its depth, structure, and remarkable character. During our visit, you'll learn about traditional winemaking techniques and the deep connection between the land and the wines it produces. Enjoy a guided tasting paired with fresh, seasonal Umbrian cuisine—simple ingredients transformed into something truly memorable. The afternoon is yours to relax and enjoy at your own pace. Perhaps revisit a favorite spot, enjoy a quiet moment with a view, or simply embrace the calm and beauty that define life in Umbria. B | T | L

October 12, 2026 - Monday

Assisi

Today, we journey to Assisi, one of Italy's most beloved and spiritually rich hill towns, nestled gently along the slopes of Mount Subasio and overlooking the peaceful Umbrian countryside. There

is a quiet beauty here—one that invites reflection, calm, and a deeper sense of connection. Assisi is forever linked to Saint Francis, a man whose life continues to inspire people around the world. Born here in the late 12th century to a wealthy family, Francis chose a very different path—one of simplicity, humility, and compassion. He turned away from material wealth to embrace a life devoted to kindness, faith, and a deep love for nature and all living things. His message was simple, yet powerful: to live with gratitude, to care for others, and to find joy in life's simplest moments. With our local guide, we explore the magnificent Basilica of St. Francis, a UNESCO World Heritage site and one of the most important pilgrimage destinations in the world. Inside, we'll admire breathtaking frescoes by Giotto and his school, which beautifully tell the story of Francis's life—from his transformation to his enduring legacy. In the lower basilica, we visit his tomb, a place of quiet reflection and reverence. As we walk through Assisi's peaceful streets, you'll feel the spirit of this remarkable place—not only in its sacred sites, but in its atmosphere. Stone pathways, small piazzas, and sweeping countryside views create a setting that feels both timeless and deeply grounding. You'll also have time at leisure to explore at your own pace—perhaps visiting a small chapel, browsing artisan shops, or simply sitting quietly and taking in the beauty around you. This is more than a visit—it is a moment to slow down, reflect, and experience a place where history, faith, and daily life come together in the most natural and meaningful way. Lunch is enjoyed at our favorite winery just outside Assisi—picnic time at its very best, accompanied by a delightful wine tasting. We return to Montone in the evening. B | L

October 13, 2026 - Tuesday

Truffle Hunt

Today, immerse yourself in one of Umbria's most cherished traditions—truffle hunting! Italy is world-renowned for truffles thanks to its rare combination of ideal soil, gentle climate, and ancient woodlands, paired with generations of culinary tradition that knows how to honor these “diamonds of the earth.” Guided by an expert truffle hunter and his trained dogs, you'll explore hidden forest paths where three prized varieties thrive: Bianchetto, Scorzone, and the coveted White Truffle. As you walk through the woods, you'll learn the secrets behind this ancient art—how the land is read, why preservation matters, and what makes Umbria one of the premier truffle regions in the world. After the hunt, enjoy a tasting of local truffle specialties. Later, we return to Montone for a very special farewell dinner, celebrating a journey filled with friendship, and unforgettable moments. B | T | D

October 14, 2026 - Wednesday

Traveling Home

All too soon, our adventure comes to an end. Transfer to Rome airport in plenty of time to check in for our flight and to clear security. Enjoy some last-minute shopping at the duty-free stores before boarding and flying west across the Atlantic Ocean back to the United States. B | In-flight meals

The itinerary is subject to change

B = Breakfast, T = Tasting,
C = Cooking Class, L = Lunch,
D = Dinner



To register contact:



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Phone: 888.549.1186

GroupDepartment@executivetravel.com

www.executivetravel.com

ONLINE REGISTRATION LINK:

Via our website www.WomenoftheMidwest.com/journeys

Package Price:

Per person in a shared double room: \$4,195

Per person in a single room (limited single room): \$5,395

Triple rooms are not available on this trip.

We offer "Pair & Share"-service. Ask us to assist in finding your roommate!

A non-refundable deposit of \$500 per person is required at registration and can be paid by ACH (Automated Clearing House), check, or credit card. The balance is due on June 26, 2026, is non-refundable, and can be paid by ACH, check or credit card. When using a credit card for final payment a 3.5% processing fee applies as assessed by the credit card processing company. Checks must be received in our office at least 100 days before the tour's departure date. If you book within 100 days of departure, ACH or credit card payment is the required payment method.

EARLY BIRD DISCOUNT

Register by April 30, 2026: Receive a **\$200 DISCOUNT!**

This tour will be materialized with a minimum of 15 and a maximum of 20 travelers. Should the number fall below 15, all funds paid to Executive Travel will be refunded 90 days prior to departure.

Tour Activity Level: LEVEL 1 2 3+ 4

Level 3+: This tour involves a considerable amount of walking, stairs, longer periods of standing, outdoor activities, and steep areas within the places visited. Expect to walk approximately 5 miles over the course of a day. Add to this the walking you do outside the group activities. This trip is not recommended for guests with walking difficulties.

Travel Insurance:

We recommend travel insurance to help protect you and your trip investment against the unexpected. For your convenience, we offer a plan provided by Travelex Insurance Services. For rates and plan highlights, please ask us.

Travelex Insurance Services, Inc. CA Agency License #0D10209. Insurance coverages underwritten by individual member companies of Zurich in North America, including Zurich American Insurance Company (NAIC #16535, state of domicile: New York), 1299 Zurich Way, Schaumburg, IL 60196.

Group airfare:

See separate insert / page 5.

Accommodation (final accommodation 90 days prior):

Rome: Empire Palace or similar
 Florence: Hotel Adriatico or similar
 Montone: Hotel Fortebraccio or similar

Included:

- 8 nights at local 4-star hotels
- 8 breakfasts
- 3 lunches incl. a glass of wine and bottled water
- 4 dinners incl. a glass of wine and bottled water, tea or coffee, and incl. a hands-on cooking class
- Wine and truffle tastings
- Bottled water (one bottle per person) during all motor coach services
- All transportation as per the tour program
- Admissions to all sites mentioned in the tour program
- Full-time English-speaking professional tour director
- Gratuities to local tour director, step-on guides, and motor coach drivers
- Baggage handling at hotels (one piece per person)
- Women of the Midwest Ambassador, October 5-14, 2026
- Detailed travel documents, handed out three weeks prior to departure (hard-copy and electronic)
- All local taxes and fees as of April 8, 2026

Not Included:

- Airfare
- Airline baggage fees. One checked bag (50 lbs) is free
- Travel insurance
- Personal expenses
- Meals and beverages other than those mentioned in the program
- Entrances other than those mentioned in the program
- Professional fee, \$100 per person, due at the time of registration
- Anything not mentioned in the inclusions



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A wholly-owned division of Executive Travel

Forwarding registration and deposit signifies that you agree to the terms and conditions of this tour found at <https://executivetravel.com/eti-home/escorted-tours/>

Call Executive Travel's Group Department today at 888.549.1186. Space is limited.

JOIN OUR GROUP AIRFARE!

We offer group airfare with United Airlines.

October 5, 2026	Omaha* - Denver	9:15 AM - 9:53 AM
October 5, 2026	Denver - Rome	5:50 PM - 12:20 PM (October 6, 2026)
October 14, 2026	Rome - Denver	2:20 PM - 5:50 PM
October 14, 2026	Denver - Omaha*	9:00 PM - 11:30 PM

\$1,195 per person including taxes and fees, economy class.

*We are happy to assist with airfare from a different airport than Omaha. Please reach out to us to assist you - a small supplement may occur.

If you travel from a different airport, we aim to have you meet your fellow travelers in Denver on October 5 and return from Rome around the same time as the rest of the group on October 14.

Important notes about seat assignments, upgrades, TSA Pre-Check- & Frequent Flyer Numbers:

- Group airfare comes with **seat assignments 30 days prior to departure**. We cannot confirm precise seat numbers earlier than 30 days prior to your departure and therefore cannot guarantee the availability of specific seating on the aircraft. We do our best to honor your preferences (window, aisle seat).
- **Premium seating upgrades - depending on availabilities:**
Economy Plus can be purchased and confirmed once the tickets are issued = 30 days prior to departure. Estimate a supplement of \$600-\$900.

Premium Economy can be reserved at the time of booking your trip with us. Estimate a supplement of \$3,000-\$4,000.

Business Class can be reserved at the time of booking your trip with us. Estimate a supplement of \$6,000-\$8,000.
- **Mileage credit** for individuals on group air contracts is not guaranteed and is subject to the rules of the airline under contract.
- **TSA Pre-Check numbers and Frequent Flyer numbers must be reported at the time of reservation**. Otherwise, each traveler must provide these numbers upon check-in on the day of departure.

Taxes, fuel charges and security fees are subject to change.

Air schedules are subject to change at the discretion of the airline.

SECURE YOUR GROUP AIRFARE WHEN SIGNING UP!

