

**WOMEN OF THE MIDWEST**

Travel Solo Together

# PUGET SOUND & SAN JUAN ISLANDS (All-Inclusive Cruise)

With Women of the Midwest!

**June 19-27, 2026**



Dear Women of the Midwest Traveler,

Welcome aboard an exclusive journey with Women of the Midwest on the stunning American Spirit!

This is another unforgettable adventure with Women of the Midwest—where travel is more than a destination, it's a shared experience filled with connection, discovery, and joy. I'm Sally, your Ambassador, and I'm absolutely delighted to have you with us as we explore the stunning ports and vibrant culture of Washington's coastal gems.

Our journey begins in the dynamic city of Seattle, and leads us through a handpicked selection of beautiful, historic, and charming towns, including:

- **Anacortes** – A vibrant maritime town surrounded by natural beauty
- **Friday Harbor** – A peaceful island escape with small-town charm
- **Port Angeles** – A gateway to the Olympic Peninsula with striking mountain and sea views
- **Port Townsend** – A Victorian treasure full of art, architecture, and seaside flair
- **Poulsbo** – Known as "Little Norway," with Scandinavian charm and warm welcomes

At Women of the Midwest, we believe in creating travel experiences that empower, inspire, and connect women through exploration and meaningful memories. Whether you're joining us for the scenery, the sisterhood, or the stories waiting to be discovered, you're in for something truly special.

As your Ambassador, I'm here to ensure your comfort and enjoyment every step of the way. Please don't hesitate to reach out to me throughout our tour—I'm always happy to help make your journey smooth and memorable.

Thank you for being part of this experience. Let's set sail together and make some unforgettable memories!

Warmly,

Sally Dunham, Ambassador, Women of the Midwest



Call Executive Travel's Group Department today at 402-435-8888. Space is limited.

## Lavender Farm



## Tulip Town



## Friday Harbor



### June 19, 2026 - Friday Arrive in Seattle, WA

Today our adventure begins as we fly to Seattle, Washington. Upon arrival we meet our local tour director and head out to explore the Emerald City. Nestled between the sparkling waters of Puget Sound and the majestic peaks of the Cascade and Olympic Mountains, Seattle is a vibrant city that blends natural beauty with modern sophistication. Feel the hum of the city as you stroll through bustling markets, savor fresh coffee from a cozy café, or take in sweeping views from atop the iconic Space Needle. From its thriving arts scene to its lush green parks, Seattle offers a dynamic and inviting start to our coastal journey.

We'll begin our day downtown, visiting the original Starbucks, browsing the lively Pike Place Market, exploring the Shopping District, and stopping in at the Seattle Art Museum.

Next, we head over to Pioneer Square and the Stadium District, where the gothic-inspired early architecture transports you back to the 19th century. Wander through modern galleries and enjoy popular restaurants as you make your way to the homes of the Seattle Seahawks, Sounders, and Mariners.

From there, we journey to the International District and the Waterfront, where we'll explore the vibrant communities of Japanese, Chinese, Korean, Cambodian, Hmong, and Vietnamese residents. This area offers a rich tapestry of both diversity and unity. Continue along the waterfront to discover the Seattle Aquarium, fresh seafood restaurants, souvenir shops, water taxis, and so much more.

Our day continues as we head toward the iconic Space Needle and its impressive surroundings, including the Museum of Pop Culture (formerly Paul Allen's Experience Music Project), the Pacific Science Center, and Chihuly Garden and Glass, a dazzling glass art exhibit by Dale Chihuly. There's plenty to explore in this sprawling 72-acre urban park.

Finally, we make our way to the Ballard Locks and the Fremont neighborhood. The 99-year-old lock system connects freshwater Lake Union and Lake Washington to the saltwater Puget Sound—a perfect place to relax and watch boats glide by.

After a fun-filled day, we arrive at our centrally located hotel, where you'll check in and enjoy the rest of the evening at your leisure.

Rest up—we have an exciting week ahead as our journey is just beginning!

### June 20, 2026 - Saturday All aboard the American Spirit!

Just imagine your beautifully appointed small vessel moves steadily through the calm waters of Puget Sound, the surface smooth with gentle ripples. A light breeze carries the scent of saltwater and evergreens...ah, so refreshing. Seabirds glide nearby, their calls soft and scattered, while the occasional splash hints at life just beneath the surface. The islands roll by at a relaxed pace—green, quiet, and inviting. Sunlight filters through patches of clouds, warming the deck in a soft glow.

Wrapped in a light jacket, you sip a warm drink and take in the easy rhythm of the water and the peaceful views, a quiet kind of luxury that's easy to settle into. Don't you dream of a place like this—where

time slows down, and nature does all the talking?

The 90 guest American Spirit offers a comfortable exploration along Puget Sound and the San Juan Islands. Its small size allows for travel through the many narrow rivers and shallow bays of the Pacific Northwest. Built in 2005, the ship has all the comforts of home and a casual atmosphere on board. Spacious lounges are gathering points for cocktails, entertainment, or an afternoon lecture with panoramic views of the passing scenery, and the dining room offers a scrumptious regional menu that changes daily.

**B | L | S | D**

### June 21, 2026 - Sunday Anacortes, WA

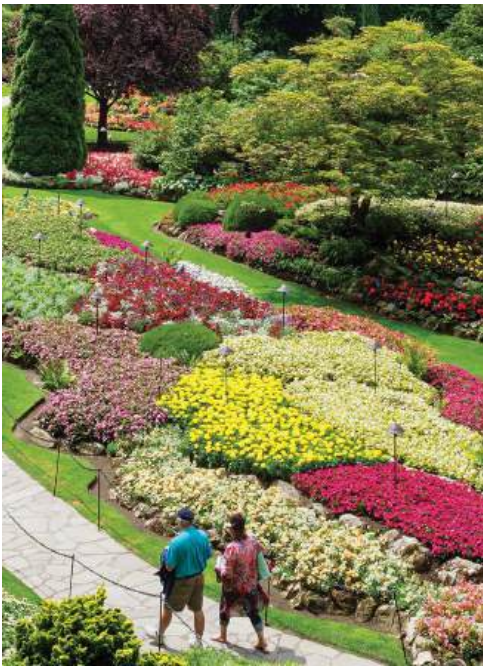
Perched on the edge of Fidalgo Island, Anacortes greets visitors with sea-salted breezes, colorful marinas, and panoramic coastal views. This charming waterfront town is a gateway to the San Juan Islands and a haven for nature lovers and maritime enthusiasts alike. Meander through quaint boutiques, watch sailboats drift across the harbor, and feel the laid-back pace that makes Anacortes a perfect blend of serenity and seaside charm. **B | L | S | D**

### June 22, 2026 - Monday Friday Harbor, WA

Tucked within the San Juan Islands, Friday Harbor is a delightful blend of island charm and unspoiled beauty. As you step onto the dock, you'll be welcomed by the scent of the sea and the warmth of a friendly coastal community. Wander through galleries, sip wine on sun-dappled patios, or simply enjoy the gentle rhythm of island life. With orcas gliding offshore and lavender fields nearby, Friday Harbor



## Butchart Gardens



is a feast for the senses. **B | L | S | D**

### June 23, 2026 - Tuesday Cruising the San Juan Islands - Port Angeles, WA

Cradled between the Olympic Mountains and the Strait of Juan de Fuca, Port Angeles offers a dramatic backdrop of natural wonders. The salty air carries whispers of adventure as you explore the quaint downtown or gaze toward snow-capped peaks. Whether it's a stroll along the waterfront or a glimpse of the nearby national park, Port Angeles invites you to pause, breathe deeply, and take in the rugged elegance of the Pacific Northwest. **B | L | S | D**

### June 24, 2026 - Wednesday Victoria, BC - Port Angeles, WA

Step off the ship into the historic beauty of Victoria, where old-world charm meets fresh ocean air. Stroll the scenic Inner Harbour, with the elegant Parliament Buildings and the ivy-covered Fairmont Empress Hotel setting the tone. You might catch the scent of flowers or sea breeze as you walk along the waterfront.

A visit to Butchart Gardens surrounds you with color and calm—fragrant blooms, peaceful fountains, and garden paths that invite a slow wander.

Cross the Strait of Juan de Fuca to Port Angeles, a relaxed coastal town nestled against the Olympic Mountains. Here, nature takes the spotlight. In Olympic National Park, you'll find mossy trails, clear lakes, and crisp mountain air—perfect for a guided hike or scenic drive.

Whether you prefer walking tours, wine tastings, or simply taking in the view,

## Relax at a Vineyard



today offers a balance of culture and natural beauty—all at your own pace.

### June 25, 2026 - Thursday Port Townsend, WA

With its perfectly preserved Victorian architecture and scenic coastal views, Port Townsend feels like stepping into a storybook. Lined with galleries, antique shops, and inviting cafés, the town's historic charm is matched by its creative spirit. Hear the call of gulls overhead, admire sailboats swaying in the harbor, and feel time slow down as you wander this picturesque and culturally rich port. **B | L | S | D**

### June 26, 2026 - Friday Poulsbo, WA

Known as "Little Norway," Poulsbo wraps you in cozy charm and Scandinavian heritage from the moment you arrive. Colorful storefronts, Nordic-inspired bakeries, and the scent of fresh cinnamon rolls fill the air along its waterfront streets. Overlooking Liberty Bay, this endearing town combines Old World traditions with the relaxed pace of coastal life, making it a delightful and heartwarming final stop on our tour. **B | L | S | D**

### June 27, 2026 - Saturday Seattle, WA

Welcome back to Seattle. As we approach the city's iconic skyline, take a moment to watch the Emerald City come into full view from the sun deck. Today we bid farewell to an astonishing journey and our new travel companions but carry home a lifetime of memories from stunning Puget Sound and the San Juan Islands. **B**

## Cascade Mountains



*\*In each port, American Cruise Lines has taken special care to research and plan specific shore excursions to enhance your onboard experience. Our local experts, historians, and naturalists provide valuable insight as you discover each area's unique heritage and culture. To assure your space, we recommend that you reserve your excursions in advance. We will notify you when they are available to book.*

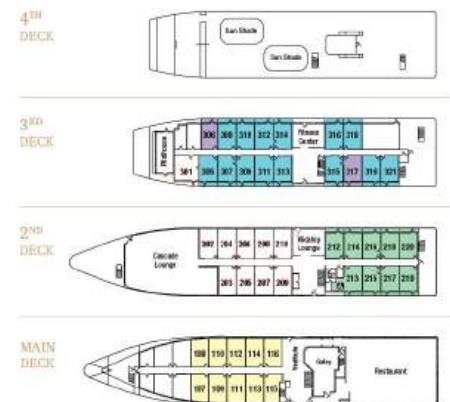
*Itinerary is subject to change.*

**B = Breakfast L = Lunch  
S = Snack D = Dinner**

### American Spirit - Facts

**Inaugurated:** 2005 **Guest Capacity:** 90  
**Staterooms:** 45 **Common Areas:** 5

#### American Spirit



CATEGORY TYPE

CATEGORY SQUARE FOOTAGE

Deluxe Balcony 1	283
Deluxe Balcony 2	263
Standard Waterview	258
Single Balcony	248



**To register contact:**



1212 O Street • Lincoln, NE 68508  
 Phone: 402-435-8888 (ask for the Group Department)  
 Fax: 402-435-2735  
 GroupDepartment@executivetravel.com  
 www.executivetravel.com

**ONLINE REGISTRATION LINK:**

Via our website [www.WomenoftheMidwest.com/journeys](http://www.WomenoftheMidwest.com/journeys)

**Package Price - All Staterooms are on Request Basis:**

Standard Waterview (picture window) PP, shared double room:	\$5,595
Double Deluxe Balcony 2 PP, shared double room:	\$6,595
Double Deluxe Balcony 1 PP, shared double room:	\$6,895
Single Room (private balcony) PP, single room:	\$7,295

*We offer "Pair & Share" service for our Solo travelers. Ask us to assist in finding your roommate!*

A non-refundable deposit of \$500 per person is required upon signing up. The deposit can be paid by cash, check, or credit card. The balance is due on March 11, 2026, is nonrefundable, and can be paid by cash or check, ACH (electronic transfer) or credit card payment (any payments after the deposit) will access a 3.5% processing fee.

**EARLY BIRD DISCOUNT:**

Register at least eight (8) months prior to departure and receive a \$200 DISCOUNT!

**Tour Activity Level:**

The activity level of this tour depends on your choices of shore excursions. This journey is not recommended for guests with walking difficulties. Comfortable, sturdy shoes/boots are always recommended.

**Travel Insurance:**

We recommend travel insurance to help protect you and your trip investment against the unexpected. For your convenience, we offer a plan provided by Travelex Insurance Services. For rates and plan highlights, please ask us.

*Travelex Insurance Services, Inc. CA Agency License #0D10209. Insurance coverages underwritten by individual member companies of Zurich in North America, including Zurich American Insurance Company (NAIC #16535, state of domicile: New York), 1299 Zurich Way, Schaumburg, IL 60196.*

**Group airfare:**

Group airfare is included in your package. The detailed itinerary will become available by the end of August 2025. All registered travelers will be notified.

*This tour will be materialized with a minimum of 15 and maximum of 20 travelers. Should the number fall below 15, all funds paid to Executive Travel will be refunded 90 days prior to departure.*

**Included:**

- Group airfare Omaha-Seattle-Omaha\*, economy class, taxes and fees included
- 1/2 day city tour in Seattle after airport pick-up
- 1 night pre-cruise hotel in Seattle
- 1 x breakfast at the hotel in Seattle
- Full meal package (breakfast, lunch, dinner, snacks) & drink package (all beverages and alcohol) throughout the cruise
- All transportation as per the tour program
- Professional tour director in Seattle
- Professional tour directors throughout the cruise
- Baggage handling at the hotel and cruise ship (one piece per person)
- Women of the Midwest Ambassador, June 19-27, 2026
- Detailed travel documents (hard copy and electronic)
- All port taxes
- All local taxes and fees as of May 19, 2025

\*Ask us to assist you with airfare from a different hometown (a small supplement may occur).

Travelers are not required to join the group each day. However, if you choose not to participate, please notify the Tour Director or Ambassador in advance. In the event of illness or injury, our policy ensures that the Ambassador will remain at the hotel to provide support.

**Not Included:**

- Airline baggage fees. Estimate first checked bag \$40 per way
- Travel insurance
- Personal expenses
- Meals and beverages other than mentioned in the tour program
- Premium and Signature shore excursions. Pricing will become available 60 days prior to departure
- Professional fee, \$100 per person, due at time of registration
- Suggested gratuities: Shore Excursions Driver - \$2 - \$4 per person per tour, Any step on guide - \$2 - \$4 per person per tour. Amounts should always reflect the quality of the service received.
- Anything not mentioned in the inclusions

**Hotel Accommodation in Seattle is 3 star:**

Final accommodation is confirmed with the delivery of your travel documents, 30 days prior to departure.



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A wholly-owned division of Executive Travel Inc.



## Fields of Flowers



## Peaceful Harbors



## Scenic Outings



### Optional Shore Excursions

Those marked with an asterisk (\*) are complimentary. Shore excursion options are subject to change without notice.

#### June 20, 2026 - Saturday

##### Seattle, WA

- Bonneville Dam\*
- Columbia River Gorge Interpretive Center\*
- Multnomah Falls\*
- Guided Gorge Kayak Excursion

- Olympic Bluffs Cider & Lavender Farm
- Olympic Game Farm
- Hoh Rain Forest & Rialto Beach Exploration
- Port Angeles Walking Experience
- Lake Crescent Lodge at Olympic National Park
- Olympic Cellars, a Port Angeles Winery
- Butchart Gardens Experience

#### June 21, 2026 - Sunday

##### Anacortes, WA

- Deception Pass Jet Boat Adventure
- Anacortes Hiking Adventure
- Anacortes Local Loop\*
- Visit to Tulip Town\*
- An Afternoon in La Conner\*

#### June 24, 2026 - Wednesday

##### Port Townsend, WA

- The Jefferson Museum of Art & History\*
- Wine Tasting at Vintage Port Townsend Vineyards
- Legends & Lore

#### June 22, 2026 - Monday

##### Friday Harbor, WA

- Friday Harbor Jolly Trolley
- San Juan Islands Seaplane
- Nature & Wildlife Cruise
- Jakle's Lagoon and Mount Finlayson Hike
- San Juan Sea Kayaking Excursion
- The Whale Museum\*

#### June 25, 2026 - Thursday

##### Poulsbo, WA

- Historic Poulsbo Walking Exploration
- Kitsap History Museum\*
- USS Turner Joy Naval Destroyer Museum\*
- The Elandan Gardens Exploration
- Puget Sound Navy Museum\*

#### June 23, 2026 - Tuesday

##### Port Angeles, WA

- Olympic National Park & Hurricane Ridge