



**WOMEN OF THE MIDWEST**  
Travel Solo Together

# THE ULTIMATE NOVA SCOTIA

Halifax, Digby, St. Andrew's,  
Charlottetown, Prince Edward Island

With Women of the Midwest!

**August 5-16, 2025**



Dear Ladies,

By popular demand, I invite you to join me as we embark on an enchanting journey, named for good reason ... **"Ultimate Nova Scotia,"** home to stunning landscapes and vibrant culture. We will enjoy twelve days of extraordinary beauty and adventure with an array of inclusions, including twenty-two meals, and three- and four-star hotels, that make this tour an incredible value.

Together, we will explore the charming city of Halifax, where we can visit the historic waterfront and the iconic Citadel National Historic Site. We will take in scenic drives, soaking in breathtaking coastal views and the beauty of rugged landscapes. We will wander through picturesque fishing villages, experience the rich Acadian culture, and visit the stunning Peggy's Cove with its iconic lighthouse.

We will also explore the majestic Bay of Fundy, home to the world's highest tides, and the unique rock formations at Hopewell Rocks. Whale watching is on the horizon and we are hoping for a view of at least a few of the twelve species of whales that frequent the area in August!

And let's not forget the delicious seafood - fresh lobster and scallops await us!

Let's Travel Solo Together to Nova Scotia; I can't wait!

Yours in adventure,  
Jennifer King, Ambassador  
Women of the Midwest



## Old Town Clock, Halifax



### August 5, 2025 - Tuesday

Arrive Halifax, NS

Welcome to Halifax, a charming coastal city that blends history and scenery! Upon arrival at Halifax Stanfield International Airport (YHZ), you will meet your Tour Director, and our private motorcoach will take you to your comfortable hotel in downtown Halifax. As you journey into the city, enjoy picturesque views of lush landscapes and coastal vistas. Join your fellow travelers for a Welcome Dinner featuring delicious local cuisine. This is a great opportunity to share travel stories with your new friends. After dinner, enjoy a stroll along the Halifax Waterfront, one of the longest urban waterfronts in the world, lined with boutiques, restaurants, and historic sites. Enjoy your evening, and get ready for a fantastic journey ahead! D

### August 6, 2025 - Wednesday

Halifax & Peggy's Cove

After an inviting breakfast, we will kick off our day with an engaging city tour of Halifax, beginning with a stroll through the beautiful Public Gardens. In August, you will see stunning dalia, phlox, elderberry, climbing clematis, and popcorn plants! Next, visit the Halifax Citadel National Historic Site. In the heart of downtown Halifax, this strategic hilltop fort offers a commanding view of Halifax Harbour. Step back to 1869 and immerse yourself in the social and military history of Halifax with the 78th Highlanders and the 3rd Brigade Royal Artillery. Learn about the changing roles of the fort and visit the Army Museum. Today, enjoy a leisurely lunch at one of Halifax's many excellent restaurants. In the afternoon, embark on a scenic drive to Peggy's

## Peggy's Cove Church



Cove, renowned for its picturesque lighthouse and stunning coastal views. Peggy's Cove Lighthouse is one of Nova Scotia's most well-known and may be the most photographed in Canada. Located in this quaint fishing village, this lighthouse was built in 1915. Take time to explore the charming village and capture memorable photos. Before returning to Halifax, enjoy dinner at a local restaurant near Peggy's Cove, savoring delicious seafood and regional dishes. B | D

### August 7, 2025 - Thursday

South Shore Touring

Delve into the stunning South Shore of Nova Scotia, beginning in Chester Basin with a Salty Dog Sea Tours vessel. Enjoy refreshing salt air and beautiful coastal views, with the chance to spot local wildlife. You can enjoy lunch on your own at Oak Island Resort today. Next, continue to Lunenburg, one of only two urban communities in North America designated as a UNESCO World Heritage site. Join a walking tour of the town, discovering its vibrant maritime history and this well-preserved architecture. Stop in Mahone Bay to admire its three centuries-old churches, capturing the quaint charm of this picturesque town. After your explorations, enjoy dinner in Mahone Bay at a delightful local restaurant, savoring fresh seafood and regional specialties. Return to Halifax, filled with wonderful memories of the South Shore's breathtaking landscapes! B | D

### August 8, 2025 - Friday

Halifax to Digby

Journey to the Annapolis Valley, starting with a visit to Grand Pré National Historic

## Lobster Barns & Pots



Site, where you'll learn about the Acadian people and their rich history. Successes and struggles are illuminated through engaging displays, a splendid Victorian garden, and a Memorial Church. The site is a monument to Acadian culture and deportation. Next, enjoy a delightful wine tasting at a local winery, sampling some of the finest wines produced in the valley. Afterward, explore the charming town of Wolfville for lunch on your own. In the afternoon, visit a local brewery for a beer tasting, discovering the craft beer scene of the Annapolis Valley. This day promises a delightful mix of history, wine, craft beer, and stunning natural beauty! B | D

### August 9, 2025 - Saturday

Digby and the Surrounding Area

Immerse yourself in the rich gardening history at the Annapolis Royal Historic Gardens, showcasing beautifully designed landscapes. Our highlights today include a Pine Forest & Native Plant Garden, an Acadian House & Garden, a Governor's Garden, Victorian Garden, and a modern Innovative Garden. There are several significant plant collections, including the largest rose collection in Eastern Canada. Next, visit the Port Royal National Historic Site to learn about the early French settlers and their contributions to the region. From kitchen and forge to the Artisan's quarters and trading room, each room has a function. Additionally, as you explore, you'll likely meet a French colonist. Sit and have a chat with them as they share their workand personal stories, including their friendship with the Mi'kmaq. For lunch, dine in Annapolis Royal or explore Bear River, a unique tidal village built on stilts.

## Prince Edward Island



After lunch, continue to explore the area at your own pace, soaking in the beautiful surroundings. B | D

### August 10, 2025 - Sunday

Digby to St. Andrew's, NB

Embark on a ferry ride across the Bay of Fundy to Saint John, New Brunswick. Enjoy lunch on your own during the crossing. Upon arrival, enjoy an engaging City Tour, including a visit to the Saint John City Market. The Market building contains several shops on the ground level featuring all locally owned businesses. Travel to picturesque St. Andrew's by the Sea, where you'll have free time to explore quaint streets and local shops. Historic Water Street was awarded the "Great Place in Canada" distinction by the Canadian Institute of Planners, and USA Today named Saint Andrews the best place to visit in Canada! Tonight, we will gather for a group dinner at our hotel, sharing stories and making memories from our daily adventures. B | D

### August 11, 2025 - Monday

St. Andrew's

Start with an exhilarating Whale Watching Boat Tour, where you may encounter humpback whales, minke whales, and even the elusive North Atlantic right whale. Your breath will be taken away when a whale breaches the ocean's surface, lunges out of the waves, and re-enters with a loud smack and plume of water. August is one of the best opportunities for spotting one of the 12 species of whales that visit Nova Scotia each year. After the tour, enjoy lunch on your own at a local eatery. In the afternoon, stroll through Kingsbrae Gardens, a stunning 27-acre garden featuring diverse

## Lobster Roll, Anyone?



plants and themed gardens. Tonight we gather for a group dinner at our hotel, the perfect opportunity to share photos and experiences reflecting on the wonders of the Bay of Fundy. B | D

### August 12, 2025 - Tuesday

St. Andrew's to Charlottetown, PE

Your itinerary will be shaped by tide times today, offering unique experiences at Hopewell Rocks or along the scenic Fundy Trail Parkway. If time allows, marvel at the iconic rock formations at Hopewell Rocks, or enjoy breathtaking views along the Fundy Trail Parkway. A picnic lunch will be included. Cross the Confederation Bridge to Prince Edward Island and enjoy an included dinner at a local restaurant in Charlottetown. Settle in for your stay, ready to explore the charm of this remarkable destination. B | Boxed Lunch | D

### August 13, 2025 - Wednesday

Prince Edward Island

Start your day with a guided Walking Tour of Charlottetown, exploring key historical sites and learning about its role in Confederation. Afterward, enjoy free time for lunch in Victoria by the Sea, a charming village with delightful cafés and shops. In the afternoon, visit Green Gables Heritage Place, the famous home of Anne of Green Gables. This is where images from the blockbuster 1908 novel blend with the real-life experiences of local author Lucy Maud Montgomery, who drew inspiration from the idyllic farmstead and its red woodland pathways. Next, visit Cavendish Beach, known for its beautiful sandy shores and striking red cliffs. Stop at PEI Preserves to sample local jams and jellies before gathering for

## Come, Take a Seat!



a traditional lobster supper at Fisherman's Wharf Lobster Suppers. B | D

### August 14, 2025 - Thursday

Prince Edward Island

Begin with a scenic drive to Greenwich Dunes, where you'll hike a picturesque trail leading to a floating boardwalk and serene beach. After your hike, enjoy lunch on your own at nearby eateries. Visit The Dunes Studio Gallery and Café, featuring local art and lovely gardens. This Island Art Gallery features paintings and prints by local Artists. You will also find Canadian crafts by over 50 contributing artists. In the evening, have free time for dinner in Charlottetown, exploring the city's vibrant dining scene. This day promises a perfect blend of outdoor adventure, art, and culinary delights! B

### August 15, 2025 - Friday

Prince Edward Island to Halifax

Board the ferry back over the Northumberland Strait to Nova Scotia, enjoying scenic views as you reflect on your experiences. Upon arrival, lunch is on your own as you explore Halifax at your leisure. With the world's second-largest natural harbor and being the lively hub of Atlantic Canada, Halifax is best known for its historical charm, community spirit, fresh seafood and incredible natural landscapes. In the evening, gather for a Farewell Dinner with fellow travelers, celebrating the memories created during your journey. B | D

### August 16, 2025 - Saturday

Traveling Home

Transfer to Halifax Stanfield International Airport for your flight home, filled with fond memories of your adventure! B



**To register contact:**



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Phone: 888.549.1186  
GroupDepartment@executivetravel.com  
www.womenofthemidwest.com

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**SECURE ONLINE REGISTRATION LINK:**  
WomenoftheMidwest.com/journeys/

**Package Price:**

Per person in a shared double room:	\$7,995
Per person in a single room:	\$9,995

Triple rooms are not available on this trip.

We offer "Pair & Share"-service. Ask us to assist in finding your roommate!

A non-refundable deposit of \$500 per person is required upon signing up. Deposit can be paid by cash, check, or credit card. The balance is due on April 7, 2025, and is non-refundable. The balance can be paid in cash or by check. Credit card payment(s) (any payment applied to the tour after the deposit) will access a 3.5% fee.

**EARLY BIRD DISCOUNT:**  
Register at least eight (8) months prior to departure and receive a **\$200 DISCOUNT!**

*This tour will be materialized with a minimum of 15 and a maximum of 22 travelers. Should the number fall below 15, all funds paid to Executive Travel will be refunded 90 days prior to departure.*

**Tour Activity Level: LEVEL 1 2 3 4**

This tour is rates as a level 3 and involves a decent amount of walking, some stairs, periods of standing, outdoor activities, and some steep areas within the places visited. Comfortable, sturdy shoes/boots are always recommended. This trip is not recommended for guests with walking difficulties.

**Group airfare:**  
Group airfare is available. See separate insert.

**Travel Insurance:**  
We recommend travel insurance to help protect you and your trip investment against the unexpected. For your convenience, we offer a plan provided by Travelex Insurance Services. For rates and plan highlights, please ask us. *Travelex Insurance Services, Inc. CA Agency License #0D10209. Travel Insurance is underwritten by Berkshire Hathaway Specialty Insurance Company, NAIC #22276.*

**Accommodation** (final accommodation 90 days prior):

- Halifax: Cambridge Suites, or similar
- Digby: Digby Golf Resort & Spa, or similar
- St. Andrew's: The Algonquin, or similar
- Charlottetown: Rodd Royalty, or similar

<p><b>Included:</b></p> <ul style="list-style-type: none"> <li>• 11 nights accommodation in 3+-star and 4-star accommodations</li> <li>• 11 x breakfast</li> <li>• 1 x lunch (boxed)</li> <li>• 10 x dinners</li> <li>• Transportation with private deluxe motor coach from arrival to departure in Halifax, NS</li> <li>• All bridge, ferry, and road tolls from arrival to departure in in Halifax, NS</li> <li>• Fees associated with all sightseeing referenced in the itinerary</li> <li>• Professional Tour Director from arrival to departure in Halifax, NS</li> <li>• Baggage handling at hotels (one piece per person)</li> <li>• Women of the Midwest Ambassador, August 6-15, 2025</li> <li>• All local taxes and fees as of November 16, 2024</li> </ul>	<p><b>Not Included:</b></p> <ul style="list-style-type: none"> <li>• Airfare, group airfare is available - see separate insert</li> <li>• Travel insurance</li> <li>• Personal expenses</li> <li>• Gratuities for local Tour Director and Driver (estimate \$15-20 in total per day)</li> <li>• Meals and beverages other than those mentioned in the tour program</li> <li>• Entrances to monuments and/or museums other than those mentioned</li> <li>• Professional fee, \$75 per person, due at the time of the registration</li> <li>• Anything not mentioned in the inclusions</li> </ul>
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Abbreviations: B = Breakfast, L = Lunch, D = Dinner



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A wholly-owned division of Executive Travel Inc.

Forwarding registration and deposit signifies that you agree to the terms and conditions found at [executivetravel.com/eti-home/vacation/escorted-tours](http://executivetravel.com/eti-home/vacation/escorted-tours)

Call Executive Travel's Group Department today at 888-549-1186. Space is limited.

## JOIN OUR GROUP AIRFARE!

We offer group airfare with **American Airlines**:

August 5, 2025	Omaha* - LaGuardia	6:50 AM - 10:40 AM
August 5, 2025	LaGuardia - Halifax	11:35 AM - 2:38 PM
August 16, 2025	Halifax - Philadelphia	3:45 PM - 5:00 PM
August 16, 2025	Philadelphia - Omaha*	6:30 PM - 8:44 PM

**\$895 per person including taxes and fees, economy class.**

\*We are happy to assist with airfare from a different airport than Omaha. Please reach out to us to assist you. A small supplement may occur.

### **Important notes about seat assignments, upgrades, TSA Pre-Check- & Frequent Flyer Numbers:**

- Group airfare comes with **seat assignments 30 days prior to departure**. We cannot confirm precise seat numbers earlier than 30 days prior to your departure and therefore cannot guarantee the availability of specific seating on the aircraft. We do our best to honor your preferences (window, aisle seat).
- **Premium seating upgrades - depending on availabilities:**  
*Economy Plus* can be purchased and confirmed **once the tickets are issued** = 30 days prior to departure. Estimate a supplement of \$600-\$900.  
*Premium Economy* can be reserved **at the time of booking** your trip with us. Estimate a supplement of \$2,000-\$3,000.  
*Business Class* can be reserved **at the time of booking** your trip with us. Estimate a supplement of \$4,000-\$6,000.
- **Mileage credit** for individuals on group air contracts is not guaranteed and is subject to the rules of the airline under contract.
- **TSA Pre-Check numbers and Frequent Flyer numbers must be reported at the time of registration**. Otherwise, upon check-in at your local airport on the days of departure.
- **Taxes**, fuel charges and security fees are subject to change.
- **Air schedules** are subject to change at the discretion of the airline.

**SECURE YOUR AIRFARE WHEN SIGNING UP!**

