

# TRAVELER OF THE QUARTER

3 Navy Nurses in Italy



Venice



# GAYLE FREVERT

Hello everyone,

I love traveling with Women of the Midwest (WOM)! Why? It's simple:

The people, wonderful women from a variety of backgrounds, and we share the same love for adventure and travel. The places we go are exciting and interesting. It's so easy and convenient to schedule and travel; just pack and show up at the airport!

Subject-matter expert local tour guides fill our minds, hearts and souls with information about their venue. The Ambassador from Executive Travel is a liaison who makes sure everything goes smoothly. Knowledgeable country guides who travel with us keep everything coordinated and moving along. I always feel safe and comfortable in my surroundings since everything has been researched and carefully arranged.

The trips that I've taken so far have been awesome: Irresistible Italy Sept 2019; Albuquerque Balloon Festival October 2022; and Italy-Eat, Live, Love October 2023. I am a single traveler, but everyone on each tour has been so inviting and welcoming. My circle of friends grows with each trip, and I'm now starting to travel with women I've met on previous trips.

2024 will be a busy year for me. I'm going to the Rose Parade later this month, Belgium and the Netherlands in April, and Greece-Eat, Live, Love in May. June will find me in Iceland and, hopefully, Sicily in October. I know that on these trips, I will see "old" new friends and meet new friends. I look forward to meeting everyone, and I can't wait!

Personally, I'm enjoying exploring Europe and re-learning the history that I learned many years ago in school. I'm a retired Navy Nurse, and during my active duty time, I was stationed in Japan and visited Hiroshima twice and it gave me chills to see the replica of the Little Boy at Los Alamos last fall. On my flight home from the Persian Gulf in March 1991, I saw Italy from the cockpit at 35,000 feet, and have now enjoyed two tours and absolutely love Italy!

What's not to like except there's not enough time to do ALL of the trips, although I'm going to try!

Travel on!  
Gayle Frevert



At an Italian Winery



Pasta Class



The Vatican