

WOMEN OF THE MIDWEST

Travel Solo Together

CO | IA | KS | MN | MO | NE

CANADIAN ROCKIES

VIA Rail

with Women of the Midwest!

July 27 - August 3, 2024



Dear Ladies,

Few places inspire your imagination quite like our Canadian Rockies tours, where you'll immerse in breathtaking wilderness vistas that take you to the top of the world. This is where alpine bliss begins!

When you catch that first glimpse of the majestic Canadian Rockies, it can be described as startling in a way that makes you feel very small on this beautiful earth. You'll experience untamed grandeur and glacial lakes that shimmer like diamonds; roadways lined with ice-carved valleys, waterfalls and snowy peaks; wildlife, hooved, horned and height happy; and rivers that run through the landscapes in national parks that truly define the northern Rocky Mountains including Glacier National Park, Jasper National Park, and the legendary Banff National Park.

Together, we will travel through stunning scenery with highlights best seen from the VIA Rail glass-dome coaches. We begin our journey in Vancouver, the bustling west-coast seaport, with a visit to the spectacular North Shore and a day spent on Vancouver Island, including the Butchart Gardens. We will visit the mountain city of Jasper, the famous and breathtaking Lake Louise, tour Yoho National Park, tour the Athabasca Glacier in a giant six-wheel drive Ice Explorer vehicle, and take in Banff and the beautiful surrounding.

Come join me, solo or two-by-two, on a once-in-a-lifetime journey!

Yours in travel and adventure,
Susan Hanson, Ambassador
Women of the Midwest



Call Executive Travel's Group Department today at 402-435-8888. Space is limited.

Vancouver



July 27, 2024 - Saturday Traveling to Vancouver

Our wonderful adventure begins as we fly to Vancouver, where we will spend our first two nights. We will meet with our local tour guide upon arrival and transfer to our hotel. Vancouver is one of North America's most beautiful and cosmopolitan cities, dazzled with views of the Pacific Ocean, majestic mountains, and a glittering skyline. Check in, enjoy dinner, relax, and unwind. D

July 28, 2024 - Sunday Vancouver Island - Victoria

We will enjoy breakfast and then head out for a ferry ride (approximately 90 minutes) through the scenic Gulf Islands to Vancouver Island. Upon arrival, we will visit the world-famous Butchart Gardens to stroll among fifty acres of floral gardens, fountains, and meandering paths. Designated a National Historic Site of Canada, these are some of the world's prettiest gardens. Next, we will visit Victoria, British Columbia's beautiful capital. Here we will enjoy a Victoria City Tour featuring the Inner Harbor, the imposing Parliament Building constructed in 1897, and views of the famous Empress Hotel. You will have a bit of leisure time to take in the city's turn-of-the-century Victorian charm or shop in the downtown heritage district. In the late afternoon, we will return to Vancouver by ferry. Off to bed for a good night's rest! What a day; you will love Vancouver! B

Butchart Gardens



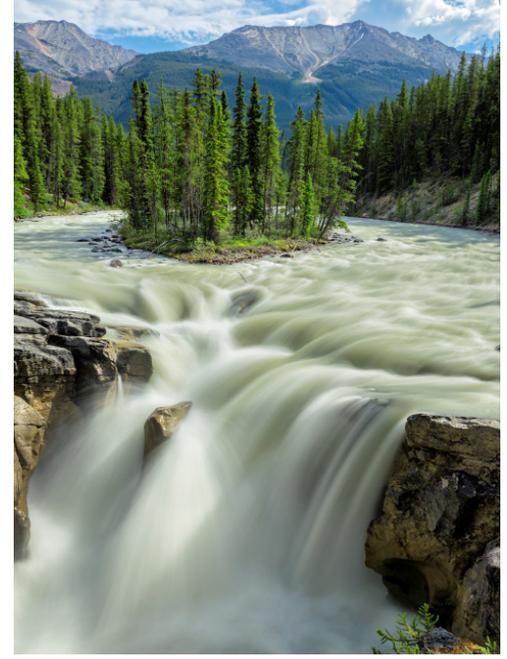
July 29, 2024 - Monday Vancouver Sightseeing - VIA Rail

After a hearty breakfast, we will enjoy a Vancouver city sightseeing, including Stanley Park, famous for its colorful Indian totem poles, Chinatown & Gastown, Vancouver's turn-of-the-century pedestrian mall lined with shops and restaurants along cobblestone streets. In the afternoon, we will board VIA Rail's train, The Canadian, for an unforgettable two-day and overnight rail excursion into the awe-inspiring Canadian Rockies. We will explore the train before settling into our comfortable berth in the Sleeper Plus Train Car for the evening. The berths feature seats that convert to upper and lower beds for sleeping. Each 20-passenger Sleeper Plus Train Car features washrooms and a shower. Dinner is included, along with exclusive access to the Park Car for panoramic views. Oh, what fun! B | D

July 30, 2024 - Tuesday Jasper National Park - Maligne Lake

Breakfast is served onboard the train while The Canadian winds along the North Thompson River, pass towering peaks and glacial valleys in a vast wilderness once only accessible by rail. Enjoy the views of the incredible passing scenery like Mt. Robson, the highest peak in the Canadian Rockies. We will cross the Continental Divide into Alberta, arriving in Jasper for a one-night stay. This afternoon, we will discover Jasper National Park, whose incredible

Jasper National Park

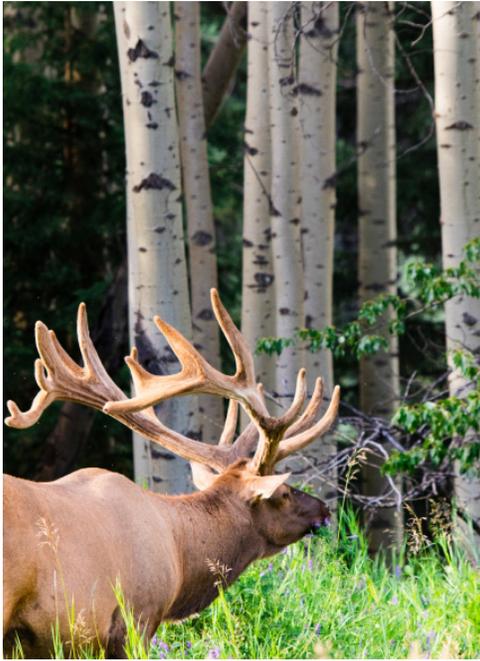


scenery consists of carefully protected ecosystems and is a photographer's paradise; cameras out, Ladies! We will pay a visit to Maligne Canyon, a Jasper landmark. Next, watch for wildlife as you drive to see the crystal blue waters of Maligne Lake, the largest natural lake in the Canadian Rockies. We will arrive at our hotel in Jasper in the late afternoon for an evening at leisure. B

July 31, 2024 - Wednesday Icefields Parkway - Banff

After a filling breakfast, we will travel south along the Icefields Parkway, linking Jasper and Lake Louise, one of North America's most spectacular drives. We will travel the road as it winds between snow-domed peaks and immense hanging glaciers; you may see elk, deer, bighorn sheep, or bears. We will stop to see the raw power of the Athabasca Falls. A short paved trail will take you to the falls and the waterfall, and its gorge can be admired from several fenced viewpoints along the trail. Later, we will ride in a specially designed Ice Explorer on the 1000-foot thick Athabasca Glacier part of the Columbia Icefield, one of the largest ice masses outside the Arctic Circle. We continue into Banff National Park and will arrive at our hotel in the quaint town of Banff for a three-night stay. Dinner at the hotel, and the evening is yours to enjoy Banff. The vibrant downtown streets are filled with unique restaurants and souvenir shops. B | D

Yoho National Park



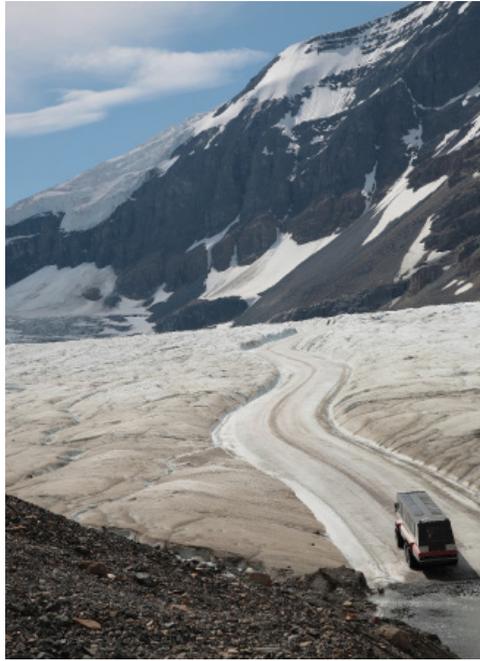
August 1, 2024 - Thursday Yoho National Park - Lake Louise

Breakfast is served before we head out to view two of the crown jewels of the Canadian Rockies. We will stop to view spectacular Moraine Lake and the Valley of the Ten Peaks before visiting the Chateau Lake Louise, located within a UNESCO World Heritage Site. Capture breathtaking views and photos of Lake Louise and Victoria Glacier. Then we travel through Kicking Horse Pass into Yoho National Park to see the Natural Bridge and the remarkable Spiral Tunnels and cross the Continental Divide before returning to Banff. This evening is yours to relax. B

August 2, 2024 - Friday Touring Banff

This morning, we will enjoy a Banff area tour, including Mt. Rundle, Bow Falls (a must-see when visiting Banff - walk along the trail to the top of the rushing waterfalls), and Tunnel Mountain, an excellent place to take photos and gaze over the town of Banff and down the Bow Valley. Later, you can explore Banff and the surroundings on your own. If you like to hike, the Hoodoos Trail measures 3 miles one-way and is considered an easy-going trail. The route enjoys an elevation gain of only 100 meters and should take between 3 and 4 hours to complete. We will gather to enjoy a farewell dinner with our fellow travelers in the Banff area. B | D

Athabasca Glacier



August 3, 2024 - Saturday Traveling Home

All too soon, your vacation has come to an end. Breakfast is enjoyed before we board our motorcoach to transfer to Calgary airport (a 90-minute drive) in plenty of time to check in for your flight and clear security. Our bags are packed, and we will fly home with wonderful memories of our Canadian Rockies' journey. B

Itinerary is subject to change.

B = Breakfast D = Dinner

Train Accommodations Sleeper Plus Class Berths

Passengers are accommodated in upper & lower berths in the Sleeper Plus Class, which includes onboard meals & sleeping accommodations.

During the day, the berths feature couch-style seats facing each other with a window. At night, the seats convert to upper & lower beds with heavy private curtains for sleeping.

Breakfast is included, along with exclusive access to the Park Car with its lounges and 360-degree panoramic views.

Each Sleeper Plus Car features public washrooms, shower facilities (1), and accommodates up to 20 guests.

Banff National Park



The Canadian Train departs Vancouver at 3:00 PM on July 29 and arrives in July at 11:00 AM on July 30. The train schedule is subject to change & local rail traffic conditions. The Canadian Train is owned and operated by VIA Rail Canada.

Note:

A small overnight bag is required for this 1-night train experience.



VIA Rail Impressions



To register contact:



1212 O Street • Lincoln, NE 68508
 Phone: 402-435-8888 (ask for Group Department)
 Fax: 402-435-2735
 GroupDepartment@executivetravel.com
 www.executivetravel.com

ONLINE REGISTRATION LINK:
 Via our website www.WomenoftheMidwest.com/journeys

Package Price:

Per person in shared double room: \$5,195
 Per person in a single room: \$6,295*

*Limited number of single rooms available. Single rooms are not available during the overnight onboard VIA Rail.

Triple rooms are not available on this trip.

We offer a "Pair & Share" service for our Solo travelers. Ask us to assist in finding your roommate!

A non-refundable deposit of \$500 per person is required upon signing up. The deposit can be paid by cash, check, or credit card. The balance is due on April 3, 2024, is non-refundable, and can be paid by cash or check. Credit card payment (any payments after the deposit) will access a 3.5% processing fee.

EARLY BIRD BONUS - ZERO CREDIT CARD FEES:
 Pay for your tour in full upon registration and minimum six months prior to departure using your credit card!
SAVE 3.5%!

Travel Insurance:

We recommend travel insurance to help protect you and your trip investment against the unexpected. For your convenience, we offer a plan provided by Travelex Insurance Services. For rates and plan highlights, please ask us.

Travelex Insurance Services, Inc CA Agency License #0D10209. Travel Insurance is underwritten by Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

Group airfare:

Group airfare becomes available by the end of September 2023. All registered travelers will be notified.

Tour Activity Level: LEVEL 1 2 3 4

This tour involves a considerable amount of walking, stairs, longer periods of standing, outdoor activities, and steep areas within the places visited. This trip is not recommended for guests with walking difficulties. Comfortable, sturdy shoes/boots are recommended.

Accommodation (final accommodation 90 days prior):

- Vancouver: Holiday Inn Centre Sheraton, or sim.
- VIA Rail: Sleeper Plus Car
- Jasper: Marmot Lodge, Sawridge Inn, or sim.
- Banff: Caribou Lodge, Ptarmigan Inn, or sim.

Included:

- 7 nights during the tour
- 7 x breakfast
- 4 x dinner
- All transportation as per the tour program (private motor coach)
- Admissions to all sites mentioned in the tour program
- Ferry tickets (economy passage)
- Full-time professional tour director in Canada
- Baggage handling at hotels and during VIA Rail (one piece per person)
- Women of the Midwest Ambassador, July 27 - August 3, 2024
- All local taxes and fees as of July 12, 2023

Not Included:

- Airfare, see separate page
- Travel insurance
- Personal expenses
- Gratuities for local tour manager and driver (estimate \$12-\$15 in total per day)
- Meals and beverages other than those mentioned in the tour program
- Entrances to monuments and/or museums other than those mentioned
- Professional fee, \$75 per person, due at the time of registration
- Anything not mentioned in the inclusions



WOMEN OF THE MIDWEST

Travel Solo Together

CO | IA | KS | MN | MO | NE

A wholly-owned division of Executive Travel

Forwarding registration and deposit signifies that you agree to the terms and conditions found at executivetravel.com/etl-home/vacation/escorted-tours

Call Executive Travel's Group Department today at 402-435-8888. Space is limited.

GROUP AIRFARE!

We offer group airfare with American Airlines as follows:

July 27, 2024	Omaha* - Chicago O'Hare	6:01 AM	7:40 AM
July 27, 2024	Chicago O'Hare - Vancouver	9:55 AM	12:27 PM
August 3, 2024	Calgary - Chicago O'Hare	1:24 PM	5:45 PM
August 3, 2024	Chicago O'Hare - Omaha*	8:20 PM	9:52 PM

\$940 per person including taxes and fees, economy class.

*We are happy to assist with airfare from a different airport than Omaha. Reach out to get your quote. If you travel from a different airport, we aim to have you meet your fellow travelers in Chicago on July 27 and return from Calgary around the same time as the rest of the group on August 3.

Individual additional transfers may be necessary if meeting the main group is not possible. We will take care of this, without any additional cost.

Important:

Group airfare comes with seat **assignments 30 days prior to departure**. Women of the Midwest/ Executive Travel cannot confirm precise seat numbers earlier than 30 days prior to your departure, and therefore cannot guarantee the availability of specific seating on the aircraft. We do our best to honor your preferences (window, aisle seat).

Premium seating upgrades are not available when traveling on a group air contract. If you have frequent flyer miles (AAdvantage® program), please note those cannot be used to upgrade to a different class of service. Contact us if you have any questions and kindly note that certain exceptions may exist.

THE ITINERARY IS SUBJECT TO CHANGE

