

WOMEN OF THE MIDWEST

Travel Solo Together

CO | IA | KS | MN | MO | NE

ICELAND

Instinctively!

with Women of the Midwest

September 22-29, 2023



Dear Women of the Midwest,

Join me on a magical journey to a magical island, Iceland!

Just a bit smaller than Kentucky, it's a thrilling destination for nature enthusiasts like me, outdoor lovers, and those just seeking the unexpected, set in soul-stirring scenery. You will also find the world's most northern capital city with the friendliest people you will ever encounter, making this trip even more joyful. And the lights - the Northern Lights - we hope to be blown away by their colors; pink, green, yellow, blue, violet, orange ...the best time to experience this is in the late autumn and wintertime.

Our journey goes to an island anchored near the top of the globe, with a raw beauty sculpted by its volcanic nature. Rumbling ice-covered volcanoes, black sandy beaches, gigantic glaciers silently gnawing away at mountains, crystal clear lagoons speckled with glistening icebergs, gurgling hot springs, explosive geysers, fields punctuated with stoic Viking horses and long-haired sheep, thunderous waterfalls adorned with absurdly perfect rainbows, and ever-changing light. Wonders only experienced in Iceland!

We will listen to the stories of the Northern Gods and Goddesses, learn about Norse mythology, taste delicious and original local products, take an unforgettable journey into the heart of a glacier, a man-made ice cave, and have the opportunity to swim in the Blue Lagoon.

And Icelandic wool is something you will want to take a closer look at. It contains two different types of hair that serve as a natural barrier to wet and cold weather. The outer layer comprises coarse, long hair, which Icelanders call "tog." The tough and fleecy tog is a water-resistant layer. Consider taking some home with you, maybe as a unique Christmas gift.

What an adventure, what an awe-inspiring destination! It's an amazing getaway before the hustle and bustle of the holidays.

Follow your instinct and join me, solo or two-by-two. Let's explore this gorgeous island.

Sincerely yours,

Barb Wallingford, Ambassador, Women of the Midwest



Call Executive Travel's Group Department today at 402-435-8888. Space is limited.

Ice & Fire!



September 22, 2023 Friday

Iceland is a place you must see to believe! Our adventure begins as we take an overnight flight to Reykjavik. Enjoy in-flight entertainment and meal service as you travel to this very special destination.

September 23, 2023 Saturday - Reykjavik

Upon our early arrival at Reykjavik airport, we will meet our English-speaking tour guide, who will follow us throughout our journey. We are off on a short drive to Reykjavik to be introduced to this cute town. We make our way to Hallgrímskirkja, a Lutheran church and one of the highest structures in Iceland. The elevator will take us to the top to get the best views of the world's most northern capital. Soak in the colorful houses, blue waters, and mountains in the distance. Next, we stroll at our own pace down the bustling shopping street Laugavegur and make a stop for lunch at a local restaurant. We continue our walking tour along the lovely city lake Tjörnin before making our way to the Harpa Concert Hall by the water. We finish our tour by visiting the Sólfarið ("Sun Voyager") sculpture. It is time to check into our hotel, relax, and unwind for the remainder of the day. L

September 24, 2023 Sunday - Into the Glacier

After a hearty breakfast, we are off to a

Icelandic Rye Bread



once-in-a-lifetime experience. We start the journey from Reykjavik and head towards the beautiful fjord of Hvalfjörður. Hvalfjörður means "Whale Fjord" because of the large number of whales in the surrounding waters. We will stop at the hot spring Deildartunguhver. Deildartunguhver churns out 180 liters of boiling water per second (a rate of flow that tops all other European hot springs). Some of the water from the hot spring is used for heating purposes and is piped to nearby villages. We arrive in Husafell and our adventure leading us to the untouched beauty and raw nature of Langjökull, Iceland's second-largest glacier, begins. You will receive crampons to tie onto your shoes or boots. Next, we board a modified glacier vehicle to explore the glacier environment and enjoy the views as we drive on the top of the ice cap. Our specialist guide will teach us all about glaciers before going deep inside the man-made ice tunnels leading to the blue heart of the glacier. This is truly one of the many highlights of the journey. Lunch is served at a local restaurant before heading to our beautiful hotel in Grímsborgir, one of the best hotels Iceland offers. En route, we stop at Hraunfossar and Barnafoss waterfalls. Camera out; these falls are stunning! After a wonderful day, we arrive at our hotel in time for a delicious dinner. Enjoy the outdoor hot tubs; you may catch the Northern Lights! Off to bed for a good night's rest. B | L | T | D

Seljalandsfoss Waterfall



September 25, 2023 Monday - Golden Circle

After breakfast, we embark on a full-day tour of the Golden Circle, a route home to some of Iceland's most beautiful natural attractions. We make our way to visit the UNESCO-listed Thingvellir National Park, the site of a magnificent rift valley where the historical and geological wonders of the American and Eurasian tectonic plates are pulling apart at a rate of a few inches per year. It is clearly visible! This place is also the home of the largest natural lake in Iceland. Next, we will see the spectacular Gullfoss Waterfall before reaching the spouting geysers in the geothermally active valley of Haukadalur. Lunch is served in Geysir before we enjoy yet another taste of Iceland's local delicacies; the delicious rye bread, made in the old traditional way by baking it underground using the natural geothermal heat found in the area. On our way back to the hotel, we will stop and visit Fridheimar Green House to learn all about how to grow tomatoes in Iceland. A soul-warming Bloody Mary is served before we depart this special place. We return to our hotel in time for dinner. Enjoy a spa treatment tonight (optional) or simply relax, taking in the stunning views of the surrounding nature.

B | L | T | D

September 26, 2023 Tuesday - Southern Tour

After enjoying breakfast, we will tour the

Wool for Everyone!



southern part of Iceland. Our views today will include farmlands, glaciers, volcanoes, and waterfalls. We will pass from the volcano Hekla and the glacier-volcano Eyjafjallajökull, which erupted in 2010, causing enormous disruption to air travel and affecting ten million travelers. Reaching the southern coast, we will see the Westman Islands rise from the sea. We will stop at the black beach of Reynisfjara, and you will witness the spectacular basalt columns at the hillside and the characteristic rock pillars - a nesting place for puffins and other seabirds during the summer season. You will have the opportunity to walk the path of the Seljalandsfoss waterfall, passing behind the falling waters. Another impressive waterfall is Skogafoss. You will feel the power being released in a cloud of spray once the water hits the pool at the bottom. Lunch is served at a local restaurant today, and dinner is at our wonderful hotel. Yet another day of "cameras out"; the photography opportunities are exceptional! B | L | D

September 27, 2023

Wednesday - Lava Tunnel, Blue Lagoon

After breakfast, we head towards a very special lava tunnel. We will walk inside the tunnel (you decide how far and deep you wish to go) while listening to stories about Thunder God Thor and some interesting Norse mythology. Thor played an essential role in Icelanders' beliefs, and the

Reynisfjara Beach



influence of the Pagan religion is evident in many location names spread far and wide across the country. Next, you will be mesmerized by the most extraordinary geological wonders and again witness some of the most dramatic and spectacular scenery at Gunnhverfium fumarole and the "bridge between continents" on our way back to Reykjavik. Lunch is served at a local restaurant. Our last stop today is at the world-famous Blue Lagoon to enjoy a relaxing afternoon. Located on an old lava field, it is considered one of the 25 Wonders of the World. Being a natural geothermal spa, the warm sea waters are rich in minerals and silica, which gives the water its mesmerizing bright blue appearance. You can enjoy a swim and a free mud mask from the "Mud Bar," and you can order drinks on your electronic entrance wristband once in the water. What's not to love?! In the afternoon, we arrive in Reykjavik to check into our hotel. The evening is yours to enjoy this charming city.

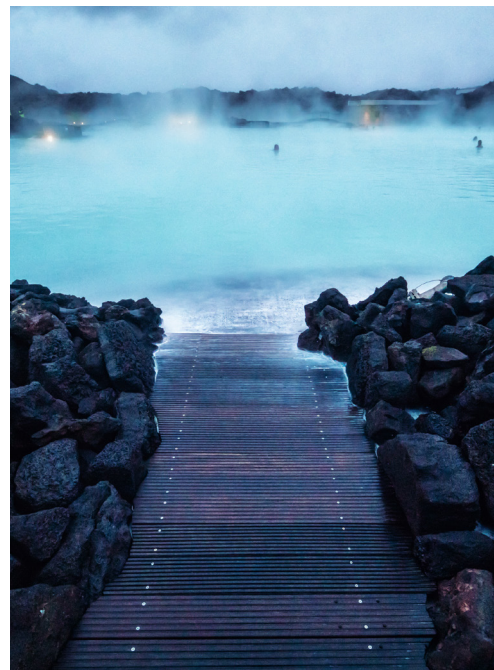
B | L | D

September 28, 2023

Thursday - Reykjavik - Viking Feast

A day at leisure to explore more of Reykjavik and everything this city has to offer. Don't miss the local hotdog stands and the delicious bakeries; the cinnamon rolls are the best in the world! A special Viking Feast farewell dinner will be enjoyed, including special Icelandic

The Blue Lagoon



shots! A good night's rest awaits!

B | D

September 29, 2023

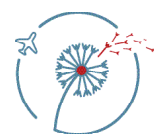
Friday - Perlan - Return Home

Breakfast at leisure before we pack our bags, load our motorcoach and head out for our last visit to yet another special place; the interactive Perlan museum. The Perlan Museum, with its rotating glass dome, stands on top of a hill in Reykjavik, surrounded by a forest. It is one of the capital's most distinctive landmarks. Your ticket includes visiting the Planetarium show, observation deck, and ice cave experience. In the early afternoon, we transfer to Reykjavik airport in plenty of time to check in for our flight and to clear security. You may wish to do some last-minute shopping at the duty-free stores before boarding and flying west across the Atlantic Ocean back to the United States. B

Itinerary is subject to change.

B = Breakfast L = Lunch

T = Tasting D = Dinner



WOMEN OF THE MIDWEST

Travel Solo Together

CO | IA | KS | MN | MO | NE



To register contact:

ExecutiveTravel

1212 O Street • Lincoln, NE 68508

Phone: 402-435-8888 (ask for Group Department)

Fax: 402-435-2735

GroupDepartment@executivetravel.com

www.executivetravel.com

ONLINE REGISTRATION LINK:

<https://fs28.formsite.com/vLu8mE/WMWICE23-2/>

Package Price:

Per person in shared double room: \$3,995

Per person in single room: \$4,995

We offer "Pair-and-Share" service.

Ask us to assist with finding your roommate!

A limited number of single rooms available.

Triple rooms are not available on this trip.

We offer "Pair & Share" service for solo travelers. Ask us to assist with finding your roommate!

A non-refundable deposit of \$500 per person is required upon signing up. Balance is due on June 22, 2023. Cash, checks, and credit cards are accepted (no processing fee).

Travel Insurance:

We recommend travel insurance to help protect you and your trip investment against the unexpected. For your convenience, we offer a plan provided by Travel Insurance Services. For rates and plan highlights, please ask us.

Travel Insurance Services, Inc CA Agency License #0D10209. Travel Insurance is underwritten by Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

Air:

Group airfare becomes available by mid-February. All registered travelers will be notified. Estimate \$1,200 per person, including taxes and fees.

Tour Activity for this tour: LEVEL 1 2 3 4

Level 4 is our highest level. This tour involves a considerable amount of activity such as substantial walking on gravel paths, lava stone, longer periods of standing, and some steep areas within the sites visited. This tour is **not** recommended for guests with walking difficulties and you should pack your hiking shoes/boots to gain the fullest of this wonderful Icelandic experience.

Visa/Passport requirements (per 11/15/2022):

U.S. citizens must have a valid passport to enter Iceland for tourism stays of up to 90 days. It is the traveler's responsibility to make sure all documentation needed to enter is as per current regulations. We recommend you check www.travel.state.gov at least 90 days prior to your departure.

This tour will be materialized with a minimum of 18 and a maximum of 22 travelers. We refer to our general Terms and Conditions found at executivetravel.com/eti-home/vacation/escorted-tours.

Included:

- 6 nights accommodation
- 6 x full breakfast
- 5 lunches
- 4 dinners
- Greenhouse visit and tasting
- Rye bread tasting
- All transportation as per tour program with private deluxe motorcoach
- Porterage at hotels (1 suitcase per person)
- Professional english-speaking tour guide during all days in Iceland
- Entrance fee to all mentioned sites
- Women of the Midwest Ambassador from day 1 through day 8
- All local taxes as per November 15, 2022

Accommodations:

- Centerhotel Plaza, Reykjavik, or similar.
- Grimsborgir, Golden Circle, or similar.

Final accommodations will be confirmed 90 days prior to departure.

Excluded:

- Airfare and additional baggage fees
- Travel insurance
- Professional fees, \$75 per person due at the time of registration
- Gratuities (estimate a total of \$10-15 per person, per day)
- Personal expenses
- Meals other than mentioned in the tour program
- Entrance fees to monuments and/or museums other than mentioned
- Anything not mentioned in the inclusions



WOMEN OF THE MIDWEST

Travel Solo Together

CO | IA | KS | MN | MO | NE

A wholly-owned division of Executive Travel Inc.

Forwarding registration and deposit signifies that you agree to the terms and conditions found at executivetravel.com/eti-home/vacation/escorted-tours

Call Executive Travel's Group Department today at 402-435-8888. Space is limited.

11/15/2022